

## Comments and Replies.

*Gran.*—Will Gran kindly send her name and address, not for publication, as it is against our rules to answer anonymous correspondents.

*Nurse B., London.*—There is usually no difficulty in getting leeches to bite if the part to which they are applied is thoroughly clean. If it is washed with soap and water, the application of milk, as sometimes advised, is generally unnecessary. Leeches may be accurately applied in small tubes specially designed for the purpose, or in test tubes filled at the bottom with absorbent wool.

*Mrs. Edmonds.*—When a teaspoonful of any medicine is ordered, one drachm should be given, measured in a graduated medicine glass or spoon. The domestic teaspoon varies much in size, and may contain more than the dose ordered.

THE PARIS CONFERENCE.  
REDUCED RATES.

Those travelling independently to the Paris Conference will be glad to know that both the South-Eastern and Chatham Railway, and the London, Brighton, and South Coast Railway are willing to grant reduced rates to holders of the Conference Ticket.

*The South-Eastern Railway*, via Dover and Calais, or Folkestone and Boulogne, for tickets to be issued at Charing Cross and Victoria Stations. *Fares*, First class, £2 18s. 4d.; second class, £1 17s. 6d.; available for 14 days by any service on June 15th, 16th, and 17th. The day trains via Dover and Calais leave *Charing Cross* at 9 a.m., arriving in Paris at 4.45, and *Victoria* at 11 a.m., arriving in Paris at 6.40. Via Folkestone and Boulogne, leave *Charing Cross* at 10 a.m., arrive in Paris at 6.4.

*The London, Brighton, and South Coast Railway*, via Newhaven and Dieppe. *Fares*: First class, £1 19s. 3d.; second class, £1 10s. 3d., available for 14 days, by day or night service. Leave *Victoria* at 10 a.m. Conference tickets must be produced when obtaining these tickets, and also for the purpose of being passed by day service.

## PROVINCIAL MEMBERS.

Provincial members, both those travelling with the party, and those travelling independently, will like to know that holders of Continental tickets issued by Thos. Cook and Son can procure return tickets to London and back at 1½ rates of the ordinary return ticket.

## LUGGAGE.

Passengers by any route should be at the Station quite 45 minutes before the departure of the train in order to get their luggage weighed and registered. Those travelling by the Dover and Calais route can take 56 lbs. in the van free of charge, by Newhaven and Dieppe 66 lbs.

## CONFERENCE TICKETS.

To save press of work in Paris, we advise all those going to obtain their Conference Tickets without delay in London. Apply to Miss Breay, 431, Oxford Street, London, W., price 1 franc. (10d.). Please send stamp for reply.

## Notices.

## CONTRIBUTIONS.

The Editor will at all times be pleased to consider articles of a suitable nature for insertion in this Journal—those on practical nursing are specially invited. The Editor will also be pleased to receive paragraphs, such as items of nursing news, results of nurses' examinations, new appointments, reports of hospital functions, also letters on questions of interest to nurses, and newspapers marked with reports of matters of professional interest.

Such communications must be duly authenticated with name and address, not necessarily for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, London, W.

## THE SOCIETY FOR THE STATE REGISTRATION OF TRAINED NURSES.

Those interested in the efficient organisation of nursing should procure the Annual Report of the Society for the State Registration of Trained Nurses from the Hon. Secretary. Six copies, post free, 7d., or one copy 1½d. It gives a brief review of the history of State Registration.

Those nurses who are working on behalf of the above Society, and are endeavouring to spread knowledge as to its aims, may be glad to know that they can now obtain a Memorandum, giving briefly the reasons why Registration is necessary, from the Hon. Secretary, 431, Oxford Street, London, W. Price 6d. for 20 copies.

## OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page xvi.

## A Well-Spread Table,

## AND THE MAN "FELL OUT" WITH IT.

A manufacturer says he started out as a young man with almost perfect health, but that, "by the time I was 24 I had simply ruined my digestion by a course of living common among those who indulge in unwisely selected food and deny their appetites nothing. And so years passed, during which every sort of food seemed to do just the opposite of what it should have done with me. A well-spread table was offensive to me. The sight or smell of food made me sick.

"This was my condition when a friend insisted that I should try Grape-Nuts food. To please him I consented, and for more than a year I ate positively nothing but Grape-Nuts—it was my soup course, my meat and my sweets. I never tired of it, and grew steadily fatter and heartier, till I put 40 pounds of good solid flesh that had never been there before, on my bones. My dyspepsia is gone—the memory of a terrible nightmare.

"I am well now, and Grape-Nuts is still found on my table, in one form or another, at every meal. A meal without Grape-Nuts is a very poor meal for me." Name given by Grape-Nuts Co., 66, Shoe Lane, E.C.

There's a reason.—Advt.

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